

PFF19-1825

UPPER ENGINE MOUNT INSERT

INSTALLATION GUIDE

Contents (parts per pack):

1 x Polyurethane A Bushes

2 x Polyurethane B Bushes

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that: -all work to be carried out by a licensed technician; -all safety precautions adhered to;

-wheel alignment to be checked and adjusted as required after any suspension work

-All fasteners must be tensioned to manufacturer's torque settings.



1. Unbolt and lift the coolant reservoir to expose the end of the engine mount. DO NOT attempt if the engine coolant is hot.

2. Remove the undertray and place a trolley jack with a jack pad underneath the sump of the vehicle to support the weight of the engine.

3. Unbolt the two bolts that secure the OE engine mount to the chassis.

4. Pump the jack to lift the engine slightly, helping to gain access to the front of the mount.

5. Fit the insert (part A) into the front of the engine mount, as shown in Figure 1. Using some washing up liquid on the insert may help with pushing it through.

6. Once fully through, fit the locking tabs (part B) into the holes in the insert (part A) as shown in Figure 2.

7. Lower the engine on the jack until the mount is resting back on the chassis rail and re-bolt to the manufacturer's recommended torque settings.

8. Remove the jack from underneath the vehicle.

9. Re-fit the coolant reservoir in place.

10. Tighten any loosened fasteners to the manufacturer's torque settings.





Figure 1 - fitted assembly instructions images

sales@powerflex.co.uk