

## FITTING INSTRUCTIONS

### Product description:

**PFF60-101/201/301** - FRONT LOWER WISHBONE BUSH (x4)

### Contents (parts per pack):

- 4 x bushes
- 4 x metal outer sleeves
- 4 x metal inner sleeves
- 1 x grease

*Please read the complete fitting instructions and check package components before fitment.  
These fitting instructions are to be used as a guide and in conjunction with workshop manual.  
It is recommended that:*

- all work to be carried out by a licensed technician;
  - all safety precautions adhered to;
  - wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.*

### Fitting Instructions:

1. Remove original wishbone bushes (x4). A dedicated removal tool may be used to ease the removal of the original bushes. A workshop press maybe be required. Make sure all of the bush is removed including metal outer.
2. Clean bore of any burrs or dirt to leave a clean, dry finish
3. Press the metal outer sleeves supplied squarely into the clean, vacant holes in the wishbone. This must be done starting from the inside of the wishbone, pushing outwards. At this point you can chose whether or not to use a small spot weld between the sleeve and wishbone to secure the metal outer sleeve. This is advisable if the vehicle is being used for Track or Motorsport driving
4. Hand fit the Powerflex bushes into the metal sleeves using a light smear of the grease supplied
5. Liberally lubricate the bore of the new bush with grease supplied and press new metal inner sleeve inside the bush
6. Re-fit the wishbone back to the car using the original nut's and bolt's etc.
7. Tighten all hardware to manufacturer's original torque settings
8. Test drive the vehicle. It is advisable to perform a full wheel alignment check and adjustment ad required



Fig 1: Pack Contents



Fig 2: Bush fitted in wishbone